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How oft do I admire with fond delight
The curious piece, and wish like you to write!
Alas, vain hope! that might as well aspire
To copy Paulo's stroke, or Titian's sire:
Ev'n now your splendid lines before me lie,
And I in vain to imitate them try;
Believe me, fair, I'm practising this art,
To steal your hand, in hopes to steal your heart.



## The ART of DANCING. A POEM.

Inscribed to the Rt. Hon. the Lady FANNY FIELDING.

Written in the Year 1730. By the Same.

Incessu patuit Dea.

VIRG.

### CANTO I.

Eafy with care, and sprightly tho' serene,
To mark th' instructions echoing strains convey,
And with just steps each tuneful note obey,
I teach; be present, all ye sacred Choir,
Blow the soft slute, and strike the sounding lyre;
When FIELDING bids your kind assistance bring,
And at her seet the lowly tribute sling;

Oh may her eyes (to her this verse is due) What first themselves inspir'd, vouchsafe to view! Hail loftiest art! thou can'st all hearts insnare, And make the fairest still appear more fair. Beauty can little execution do, Unless she borrows half her arms from you! Few, like PYGMALION, doat on lifeless charms, Or care to clasp a statue in their arms; But breasts of slint must melt with sierce desire, When art and motion wake the fleeping fire: A Venus, drawn by great Apelles' hand, May for awhile our wond'ring eyes command, But still, tho' form'd with all the pow'rs of art, The lifeless piece can never warm the heart; So fair a nymph, perhaps, may please the eye. Whilst all her beauteous limbs unactive lie, But when her charms are in the dance display'd, Then ev'ry heart adores the lovely maid: This fets her beauty in the fairest light, And shews each grace in full perfection bright; Then, as she turns around, from every part, Like porcupines she sends a piercing dart; In vain, alas! the fond spectator tries To shun the pleasing dangers of her eyes, For Parthian-like, she wounds as sure behind, With flowing curls, and ivory neck reclin'd: Whether her steps the Minuet's mazes trace, Or the slow Louvre's more majestick pace,

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Whether

Whether the Rigadoon employs her care,
Or sprightly Jigg displays the nimble fair,
At every step new beauties we explore,
And worship now, what we admir'd before:
So when Æneas, in the Tyrian grove,
Fair Venus met, the charming queen of Love,
The beauteous goddess, whilst unmov'd she stood,
Seem'd some fair nymph, the guardian of the wood;
But when she mov'd, at once her heav'nly mien
And graceful step confess'd bright Beauty's queen,
New glories o'er her form each moment rise,
And all the Goddess opens to his eyes.

Now haste, my Muse, pursue thy destin'd way,
What dresses best become the dancer, say;
The rules of dress forget not to impart,
A lesson previous to the dancing art.

The foldiers scarlet glowing from afar,
Shews that his bloody occupation's war;
Whilst the lawn band, beneath a double chin,
As plainly speaks divinity within;
The milk-maid safe thro' driving rains and snows,
Wrapt in her cloak, and prop'd on pattens goes;
Whilst the soft Belle, immur'd in velvet chair,
Needs but the silken shoe, and trusts her bosom bare:
The woolly drab, and English broad-cloth warm,
Guard well the horseman from the beating storm,
But load the dancer with too great a weight,
And call from ev'ry pore the dewy sweat;

Rather

Rather let him his active limbs display
In camblet thin, or glossy paduasoy.
Let no unwieldy pride his shoulders press;
But airy, light, and easy be his dress;
Thin be his yielding soal, and low his heel,
So shall he nimbly bound, and safely wheel.

But let not precepts known my verse prolong, Precepts which use will better teach, than fong; For why should I the gallant spark command, With clean white gloves to fit his ready hand? Or in his fob enlivening spirits wear, And pungent salts to raise the fainting fair? Or hint, the fword-that dangles at his fide, Should from its filken bandage be unty'd? Why should my lays the youthful tribe advise, Lest snowy clouds from out their wigs arise; So shall their partners mourn their laces spoil'd, And shining filks with greafy powder soil'd? Nor need I, sure, bid prudent youths beware, Lest with erected tongues their buckles stare, The pointed steel shall oft' their stocking rend, And oft' th' approaching petticoat offend.

And now, ye youthful fair, I fing to you,
With pleasing smiles my useful labours view:
For you the silkworms sine-wrought webs display,
And lab'ring spin their little lives away,
For you bright gems with radiant colours glow,
Fair as the dies that paint the heav'nly bow,

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K 3

For

For you the sea resigns its pearly store,
And earth unlocks her mines of treasur'd ore;
In vain yet Nature thus her gifts bestows,
Unless yourselves with art those gifts dispose.

Yet think not, Nymphs, that in the glitt'ring ball,
One form of dress prescrib'd can suit with all;
One brightest shines when wealth and art combine
To make the finish'd piece compleatly sine;
When least adorn'd, another steals our hearts,
And rich in native beauties, wants no arts:
In some are such resistless graces sound,
That in all dresses they are sure to wound;
Their perfect forms all foreign aids despise,
And gems but borrow lustre from their eyes.

Let the fair Nymph, in whose plump cheeks is seen.

A constant blush, be clad in chearful green;
In such a dress the sportive sea-nymphs go;
So in their grassy bed fresh roses blow:
The lass whose skin is like the hazel brown,
With brighter yellow should o'ercome her own:
While maids grown pale with sickness or despair,
The sable's mournful dye should choose to wear;
So the pale moon still shines with purest light,
Cloath'd in the dusky mantle of the night.

But far from you be all those treach'rous arts,
That wound with painted charms unwary hearts,
Dancing's a touchstone that true beauty tries,
Nor suffers charms that Nature's hand denies:

The rofy blush, and skin of lovely hue,
Yet soon the dance will cause the cheeks to glow,
And melt the waxen lips, and neck of snow:
So shine the sields in icy fetters bound,
Whilst frozen gems bespangle all the ground,
Thro' the clear crystal of the glitt'ring snow,
With scarlet dye the blushing hawthorns glow;
O'er all the plains unnumber'd glories rise,
And a new bright creation charms our eyes:
Till Zeyhyr breathes, then all at once decay
The splendid scenes, their glories sade away,
The sields resign the beauties not their own,
And all their snowy charms run trickling down.

Dare I in such momentous points advise,
I should condemn the hoop's enormous size,
Of ills I speak by long experience found,
Oft' have I trod th' immeasurable round,
And mourn'd my shins bruis'd black with many a wound.
Nor shou'd the tighten'd stays, too straitly lac'd,
In whale-bone bondage gall the slender waist;
Nor waving lappets shou'd the dancing fair,
Nor russes edg'd with dangling fringes wear;
Oft' will the cobweb ornaments catch hold
On the approaching button rough with gold,
Nor force, nor art can then the bonds divide,
When once th' intangled Gordian knot is ty'd:

So the unhappy pair, by Hymen's powir,
Together join'd in some ill-fated hour,
The more they strive their freedom to regain,
The faster binds th' indissoluble chain.

Let each fair maid, who fears to be difgrac'd,

Ever be fure to tye her garter fast,

Lest the loos'd string, amidst the public ball,

A wish'd for prize to some proud sop should fall,

Who the rich treasure shall triumphant shew,

And with warm blushes cause her cheeks to glow.

But yet, (as Fortune by the felf-same ways
She humbles many, some delights to raise)
It happen'd once, a fair illustrious dame
By such neglect acquir'd immertal same.
And hence the radiant Star and Garter blue
BRITANNIA's nobles grace, if Fame says true:
Hence still, PLANTAGENET, thy beauties bloom,
Tho' long since moulder'd in the dusky tomb,
Still thy lost Garter is thy sov'reign's care,
And what each royal breast is proud to wear.

But let me now my lovely charge remind,

Lest they forgetful leave their sans behind;

Lay not, ye fear, the pretty toy aside,

A toy at once display'd, for use and pride,

A wond'rous engine, that by magick charms,

Cools your own breast, and ev'ry other's warms.

What daring hard shall e'er attempt to tell

The pow'rs, that in this little weapon dwell?

What verse can e'er explain its various parts,
Its numerous uses, motions, charms and arts?
Its painted folds, that oft extended wide,
Th' afflicted fair one's blubber'd beauties hide,
When secret forrows her sad bosom fill,
If Strephon is unkind, or Shock is ill:
Its sticks, on which her eyes dejected pore,
And pointing singers number o'er and o'er,
When the kind virgin burns with secret shame,
Dies to consent, yet sears to own her slame;
Its shake triumphant, its victorious clap,
Its angry slutter, and its wanton tap?

Forbear, my Muse, th' extensive theme to sing,
Nor trust in such a slight thy tender wing;
Rather do you in humble lines proclaim,
From whence this engine took its form and name,
Say from what cause it sirst deriv'd its birth,
How form'd in heav'n, how thence deduc'd to earth,

Once in Arcadia, that fam'd feat of love,
There liv'd a nymph, the pride of all the grove,
A lovely nymph, adorn'd with ev'ry grace,
An eafy shape, and sweetly blooming face,
Fanny the damsel's name, as chaste as fair,
Each virgin's envy, and each swain's despair;
To charm her ear the rival shepherds sing,
Blow the soft flute, and wake the trembling string,
For her they leave their wand'ring slocks to rove,
Whilst Fanny's name resounds thro' ev'ry grove,
And spreads on every tree, inclos'd in knots of love;

As

As FIELDING's now, her eyes all hearts inflame, Like her in beauty, as alike in name.

'Twas when the fummer fun, now mounted high, With fiercer beams had fcorch'd the glowing fky, Beneath the covert of a cooling shade, To shun the heat, this lovely nymph was lay'd; The fultry weather o'er her cheeks had spread A blush, that added to their native red, And her fair breafts, as polish'd marble white, Were half conceal'd, and half expos'd to fight; Æolus the mighty God, whom winds obey, Observ'd the beauteous maid, as thus she lay, O'er all her charms he gaz'd with fond delight, And fuck'd in poison at the dangerous fight; He fighs, he burns; at last declares his pain, But still he fighs, and still he wooes in vain; The cruel nymph, regardless of his moan, Minds not his flame, uneafy with her own; But still complains, that he who rul'd the air Would not command one Zephyr to repair Around her face, nor gentle breeze to play Thro' the dark glade, to cool the fultry day; By love incited, and the hopes of joy, Th' ingenious God contriv'd this pretty toy, With gales incessant to relieve her flame; And call'd it FAN, from lovely FANNY's name,

#### CANTO

The lovely nymphs and the sprightly dance, The lovely nymphs, and well-dress'd youths advance; The spacious room receives each jovial guest, And the floor shakes with pleasing weight oppress'd: Thick rang'd on every fide, with various dyes The fair in gloffy filks our fight fur prize: So, in a garden bath'd with genial show'rs, A thousand forts of variegated flow'rs, Jonquils, carnations, pinks, and tulips rife, And in a gay confusion charm our eyes. High o'er their heads, with num'rous candles bright, Large sconces shed their sparkling beams of light, Their sparkling beams that still more brightly glow. Reflected back from gems, and eyes below: Unnumber'd fans to cool the crowded fair With breathing Zephyrs move the circling air, The sprightly fiddle, and the founding lyre Each youthful breast with gen'rous warmth inspire; Fraught with all joys the blifsful moments fly, While music melts the ear, and beauty charms the eye,

Now let the youth, to whose superior place It first belongs the splendid ball to grace, With humble bow, and ready hand prepare, Forth from the crowd to lead his chosen fair; The fair shall not his kind request deny, But to the pleafing toil with equal ardour fly, But stay, rash pair, not yet untaught advance,
First hear the Muse, ere you attempt to dance:
\* By art directed o'er the soaming tide
Secure from rocks the painted vessels glide;
By art the chariot scours the dusty plain,
Springs at the whip, and † hears the strait'ning rein:
To art our bodies must obedient prove,
If e'er we hope with graceful ease to move.

Long was the dancing art unfix'd, and free,
Hence lost in error and uncertainty,
No precepts did in mind, or rules obey,
But every master taught a disf'rent way;
Hence ere each new-born dance was fully try'd,
'The lovely product ev'n in blooming dy'd,
'Thro' various hands in wild confusion tos'd,
Its steps were alter'd, and its beauties lost;
Till † Fuillet, the pride of Gallia, rose,
And did the dance in characters compose,
Each lovely grace by certain marks he taught,
And every step in lasting volumes wrote:
Hence o'er the world this pleasing art shall spread,
And every dance in ev'ry clime be read.

\* Arte citæ veloque rates remoque moventur, Arte leves currus.

OVID.

† Nec audit currus habenas.

VIRG.

<sup>‡</sup> Fuillet wrote the Art of Dancing by characters in French, since translated by Weaver.

By distant masters shall each step be seen, Tho' mountains rise, and oceans roar between; Hence, with her fifter arts, shall Dancing claim An equal right to universal fame, And Isaac's rigadoon shall live as long, As RAPHAEL's painting, or as VIRGIL's fong. Wife Nature ever, with a prudent hand, Dispenses various gifts to every land, To every nation frugally imparts A genius fit for some peculiar arts; To trade the Dutch incline, the Swiss to arms, Music and verse are soft ITALIA's charms; BRITANNIA justly glories to have found Lands unexplor'd, and fail'd the globe around: But none will fure presume to rival FRANCE, Whether she forms, or executes the dance; To her exalted genius 'tis we owe The sprightly Rigadoon and Louvre slow, The Borée, and Courant unpractis'd long, Th' immortal Minuet, and the smooth Bretagne, With all those dances of illustrious fame, \* That from their native country take their name, With these let every ball be first begun, Nor country dance intrude till these are done. Each cautious bard, ere he attempts to fing, First gently flutt'ring tries his tender wing,

And if he finds that with uncommon fire The Muses all his raptur'd soul inspire, At once to heav'n he foars in lofty odes, And fings alone of heroes and of gods; But if he trembling fears a flight fo high, He then descends to softer elegy; And if in elegy he can't succeed, In past'ral he may tune the oaten reed: So should the dancer, ere he tries to move, With care his strength, his weight, and genius prove; Then, if he finds kind Nature's gifts impart Endowments proper for the dancing art, If in himself he feels together join'd, An active body and ambitious mind, In nimble Rigadoons he may advance, Or in the Louvre's flow majestic dance; If these he fears to reach, with easy pace Let him the Minuet's circling mazes trace: Is this too hard? this too let him forbear, And to the Country-dance confine his care.

Wou'd you in dancing ev'ry fault avoid,
To keep true time be your first thoughts employ'd;
All other errors they in vain shall mend,
Who in this one important point offend;
For this, when now united hand in hand
Eager to start the youthful couple stand;
Let them awhile their nimble feet restrain,
And with soft taps beat time to ev'ry strain:

So for the race prepar'd two coursers stand, And with impatient pawings spurn the sand.

In vain a master shall employ his care,
Where Nature once has fix'd a clumfy air;
Rather let such, to country sports confin'd,
Pursue the slying hare, or tim'rous hind:
Nor yet, while I the rural 'squire despise,
A mien esseminate would I advise;
With equal scorn I would the sop deride,
Nor let him dance—but on the woman's side.

And you, fair nymphs, avoid with equal care,
A stupid dulness, and a coquet air;
Neither with eyes, that ever love the ground,
Asleep, like spinning-tops, run round and round;
Nor yet with giddy looks, and wanton pride,
Stare all around, and skip from side to side.

True dancing, like true wit, is best express'd
By nature only to advantage dress'd;
'Tis not a nimble bound, or caper high,
That can pretend to please a curious eye,
Good judges no such tumblers tricks regard,
Or think them beautiful, because they're hard.

'Tis not enough, that every stander-by
No glaring errors in your steps can spy,
The dance and music must so nicely meet,
Each note should seem an echo to your feet;
A nameless grace must in each movement dwell,
Which words can ne'er express, or precepts tell,

Not to be taught, but ever to be seen
In FLAVIA's air, and CHLOE's easy mien:
'Tis such an air that makes her thousands fall,
When FIELDING dances at a birth-night ball;
Smooth as CAMILLA she skims o'er the plain,
And slies like her thro' crowds of heroes slain.

Now when the Minuet oft repeated o'er,

(Like all terrestrial joys) can please no more,

And ev'ry nymph, resusing to expand

Her charms, declines the circulating hand;

Then let the jovial country-dance begin,

And the loud siddles call each straggler in:

But ere they come, permit me to disclose,

How first, as legends tell, this pastime rose.

In ancient times (fuch times are now no more)
When Albion's crown illustrious Arthur wore,
In some fair op'ning glade, each summer's night,
Where the pule moon disfus'd her silver light,
On the soft carpet of a grassy field,
The sporting fairies their assemblies held:
Some lightly tripping with their pigmy queen,
In circling ringsets mark'd the level green,
Some with soft notes bade mellow pipes resound,
And music warble thro' the groves around;
Oft' lonely shepherds by the forest side,
Belated peasants oft' their revels spy'd,
And home returning, o'er the nut-brown ale,
Their guests diverted with the wond'rous tale.

Instructed hence, throughout the British isle, And fond to imitate the pleasing toil, Round where the trembling may-pole's fix'd on high, And bears its flow'ry honours to the sky, The ruddy maids, and fun-burnt swains resort, And practife every night the lovely sport; On every side Æolian artists stand, Whose active elbows swelling winds command, The swelling winds harmonious pipes inspire, Aud blow in ev'ry breast a generous fire.

Thus taught at first the country-dance began, And hence to cities and to courts it ran, Succeeding ages did in time impart Various improvements to the lovely art: From fields and groves to palaces remov'd; Great ones the pleasing exercise approv'd; Hence the loud fiddle, and shrill trumpet's sounds, Are made companions of the dancer's bounds; Hence gems, and filks, brocades, and ribbons join, To make the ball with perfect luftre shine.

So rude at first the tragic Muse appear'd, Her voice alone by rustic rabble heard, Where twisting trees a cooling arbour made The pleas'd spectators sat beneath the shade, The homely stage with rushes green was strew'd, And in a cart the strolling actors rode: Till time at length improv'd the great design, And bade the scenes with painted landskips shine; VOL. III. L

Then

Then art did all the bright machines dispose, And theatres of Parian marble rose, Then mimic thunder shook the canvas sky, And Gods descended from their tow'rs on high.

With caution now let every youth prepare To choose a partner from the mingled fair; Vain would he hear th' instructed Muse's voice, If she pretended to direct his choice: Beauty alone by fancy is express'd, And charms in different forms each different breaft; A fnowy skin this am'rous youth admires, Whilst nut-brown cheeks another's bosom fires. Small waists and slender limbs some hearts ensnare, While others love the more fubstantial fair.

But let not outward charms your judgments sway, Your reason rather than your eyes obey, And in the dance, as in the marriage noofe, Rather for merit, than for beauty, choose: Be her your choice, who knows with perfect skill When she should move, and when she should be still, Who uninstructed can perform her share, And kindly half the pleafing burthen bear. Unhappy is that hopeless wretch's fate, Who fetter'd in the matrimonial state With a poor, simple, unexperienc'd wife, Is forc'd to lead the tedious dance of life; And such is his, with such a partner join'd, A moving puppet, but without a mind:

Still must his hand be pointing out the way,
Yet ne'er can teach so fast, as she can stray,
Beneath her follies he must ever groan,
And ever blush for errors not his own.

But now behold united hand in hand,
Rang'd on each fide, the well-pair'd couples stand!
Each youthful bosom beating with delight,
Waits the brisk signal for the pleasing sight:
While lovely eyes, that stash unusual rays,
And snowy bubbies pull'd above the stays,
Quick busy hands, and bridling heads declare,
The fond impatience of the starting fair.
And see the sprightly dance is now begun!
Now here, now there the giddy maze they run,
Now with slow steps they pace the circling ring,
Now all confus'd, too swift for sight they spring:
So, in a wheel with rapid fury tos'd,
The undistinguish'd spokes are in the motion lost.

The dancer here no more requires a guide,
To no strict steps his nimble feet are ty'd,
The Muse's precepts here wou'd useless be,
Where all is fancy'd, unconfin'd, and free;
Let him but to the musick's voice attend,
By this instructed, he can ne'er offend;
If to his share it falls the dance to lead,
In well-known paths he may be sure to tread;
If others lead, let him their motions view,
And in their steps the winding maze pursue.

In every Country-dance a ferious mind,
Turn'd for reflection, can a moral find;
In Hunt-the-Squirrel thus the nymph we view,
Seeks when we fly, but flies when we purfue:
Thus in Round-dances, where our partners change,
And unconfin'd from fair to fair we range,
As foon as one from his own confort flies,
Another feizes on the lovely prize:
Awhile the fav'rite youth enjoys her charms,
Till the next comer fleals her from his arms,
New ones fucceed, the laft is still her care;
How true an emblem of th' inconstant fair!

Where can philosophers, and sages wise,
Who read the curious volumes of the skies,
A model more exact than dancing name,
Of the creation's universal frame?
Where worlds unnumber'd o'er th' ætherial way,
In a bright regular confusion stray;
Now here, now there they whirl along the sky,
Now near approach, and now far distant sty,
Now meet in the same order they began,
And then the great celestial dance is done.

Where can the mor'list sind a juster plan
Of the vain labours, and the life of man?
Awhile thro' justling crowds we toil, and sweat,
And eagerly pursue we know not what,
Then when our trisling short-liv'd race is run,
Quite tir'd sit down, just where we first begun.

Tho' to your arms kind fate's indulgent care Has giv'n a partner exquisitely fair, Let not her charms so much engage your heart, That you neglect the skilful dancer's part; Be not, when you the tuneful notes should hear, Still whisp'ring idle prattle in her ear; When you should be employ'd, be not at play, Nor for your joys all others steps delay: But when the finish'd dance you once have done, And with applause thro' ev'ry couple run, There rest awhile: there snatch the fleeting bliss, The tender whisper, and the balmy kiss; Each secret wish, each softer hope confess, And her moist palm with eager fingers press; With smiles the fair shall hear your warm desires, When musick melts her soul, and dancing sires.

Thus mix'd with love, the pleafing toil pursue,
Till the unwelcome morn appears in view;
Then, when approaching day its beams displays,
And the dull candles shine with fainter rays,
Then when the sun just rises o'er the deep,
And each bright eye is almost set in sleep,
With ready hands, obsequious youths, prepare
Safe to her coach to lead each chosen fair,
And guard her from the morn's inclement air:
Let a warm hood enwrap her lovely head,
And o'er her neck a handkerchief be spread,

Around

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Around her shoulders let this arm be cast,
Whilst that from cold defends her slender waist;
With kisses warm her balmy lips shall glow,
Unchill'd by nightly damps, or wintry snow;
While gen'rous white-wine, mull'd with ginger warm,
Safely protects her inward frame from harm.

But ever let my lovely pupils fear
To chill their mantling blood with cold small beer;
Ah, thoughtless fair! the tempting draught refuse,
When thus forewarn'd by my experienc'd Muse;
Let the sad consequence your thoughts employ,
Nor hazard suture pains, for present joy,
Destruction lurks within the pois'nous dose,
A fatal sever, or a pimpled nose.

Thus thro' each precept of the dancing art
The Muse has play'd the kind instructor's part,
Thro' every maze her pupils she has led,
And pointed out the surest paths to tread;
No more remains; no more the goddess sings,
But drops her pinions, and unsures her wings;
On downy beds the weary dancers lie,
And sleep's silk cords tie down each drowsy eye;
Delightful dreams their pleasing sports restore,
And ev'n in sleep they seem to dance once more.

And now the work completely finish'd lies, Which the devouring teeth of time desies; Whilst birds in air, or fish in streams we find, Or damsels fret with aged partners join'd; As long as nymphs shall with attentive ear
A siddle rather than a sermon hear;
So long the brighest eye shall oft peruse
The useful lines of my instructive Muse;
Each belle shall wear them wrote upon her fan,
And each bright beau shall read them—if he can.



#### THE MODERN

# FINE GENTLEMAN.

Written in the Year 1746. By the Same.

Quale portentum neque militaris Daunia in latis alit esculetis, Nec Jubæ tellus generat, leonum Arida nutrix.

Expert in Latin, more expert in taw,
His honour posts o'er ITALY and FRANCE,
Measures St. Peter's dome, and learns to dance.
Thence having quick thro' various countries flown,
Glean'd all their follies, and expos'd his own,
He back returns, a thing so strange all o'er,
As never ages past produc'd before:

L4

A monster